

## The Fertility Center

William Dodds, MD, James Young, MD  
Valerie Shavell, MD Richard Leach, MD

3230 Eagle Park Dr NE  
Suite 100  
Grand Rapids MI 49525  
Phone: 616-988-2229  
Fax: 616-988-2010

1100 S Cedar Street  
Suite B  
Mason MI 48854  
Phone: 877-904-4483

317 S Drake Rd Ste. B  
Kalamazoo MI 49009  
Phone: 269-324-5100  
Fax: 269-324-5041

---

### **Femara Protocol**

1. Call with menses to schedule a mid-cycle ultrasound (US) on cycle day 12, 13 or 14. Cycle day one is first day of full flow, not spotting.
2. Complete a home pregnancy test to confirm that you are not pregnant prior to starting Femara.
3. Take your prescribed dose of Femara (2.5mg, 5.0mg, or 7.5mg as stated on your prescription) on cycle days 3 through 7. Femara 2.5mg = 1 tablet.
4. If your doctor prescribed Ovidrel (hCG injection), bring it with you to your US appointment. It may be given to you at that time or you will be told when to administer it. You will be instructed on the timing of intercourse and/or intrauterine insemination (IUI) at your US appointment.
5. If you are having your US at an outside facility, please remind the center to fax the report to our office in a timely fashion.
6. Take a pregnancy test >16 days after peak fertility on your ovulation predictor kit or Ovidrel injection.
7. If you do not conceive, call with your next period to schedule a mid-cycle US, repeating steps 1-6.
8. Any questions you may have can be discussed at the ultrasound appointment.

Unless specifically instructed, we recommend 3 cycles of Femara and ***then a consult*** to discuss next steps. Please hold all questions about what your future therapy may be until you consult with your physician. The nurses will not speculate about such an important and case specific matter.