

# ANDROLOGY LABORATORY PATIENT INSTRUCTIONS

**Date Test Requested:** \_\_\_\_\_  
**Semen analysis** \_\_\_\_\_ **Semen Freeze** \_\_\_\_\_ **Semen Wash** \_\_\_\_\_

## **SCHEDULING INSTRUCTIONS FOR PATIENT:**

All tests **MUST** be scheduled through our office. Please call (616) 988-2229 or (877) 904-4483 to schedule your appointment. Specimens may not be accepted without an appointment. Payment in full is expected at the time of service. Acceptable methods of payment are check, credit card, or cash. When scheduling your appointment, please notify us if you have insurance coverage.

### **At the Eagle Park Drive Location:**

- **Semen Analysis (SA): Appointments are available Monday through Friday in the AM.**
- **Semen Freezing (when possible, male patients should be present as there are additional consent forms required for semen freezing): Appointments are available Monday through Friday in the AM.**
- **IUI Specimens and ART Specimens: Appointments are available daily in the AM.**

## **PATIENT INSTRUCTIONS FOR SPECIMEN COLLECTION**

1. You must bring this completed form when dropping off your specimen. Specimens from referring physicians cannot be accepted without a written order.
2. Picture ID is required at the time of drop-off for ALL IUI, ART, and semen freeze patients.
3. In order to collect an optimal specimen, please abstain from ejaculation or intercourse for at least *one* but not more than *two* days before the test.
4. The specimen must be collected into a dry sterile container which will be provided by our office. Do not use soaps, lotions or lubricants (such as KY Jelly, saliva, etc.) as they can be toxic to sperm. You may use mineral oil (available at any pharmacy), or other lubricants available at our office.
5. Please write your full name, date of birth, social security number, date, and time of collection on the container. This information should be filled out before you arrive at our office.
6. The specimen must be delivered to our office within 1 hour of collection. If this is not possible, you may collect in our office. Please notify us when scheduling if this is the case. To avoid temperature extremes, keep specimen next to your body during transport. Please keep the container upright.

Please contact the office if you are unable to keep your appointment.

Results are typically available 5-7 days after receipt of the specimen, but can take up to 10 days.

NOTE: If your semen sample shows a potential of infection, a portion of the sample will be sent to another laboratory for a culture analysis. In this case, you will receive an additional bill from that laboratory for the culture analysis.

## **PATIENT INFORMATION (to be completed by patient)**

Male Name: \_\_\_\_\_ Female Name: \_\_\_\_\_

Male Date of Birth: \_\_\_\_\_ Female Date of Birth: \_\_\_\_\_

Male Social Security#: \_\_\_\_\_

Main phone #: \_\_\_\_\_

*It is very important that the following questions be answered before dropping off your specimen.*

Time of specimen collection: \_\_\_\_\_

Method of collection:  Masturbation  Condom (from our office only)  Withdrawal

Any spill during collection?  Yes  No

If yes, what portion?  Beginning  End

How many days since last ejaculation (prior to today)? \_\_\_\_\_

**Insemination patients:** Phone number where male patient can be reached within 2 hours of specimen drop off:  
\_\_\_\_\_

List any medications you are taking: \_\_\_\_\_

Have you previously had a semen analysis performed at this office? \_\_\_\_\_

I verify that the specimen I am providing to The Fertility Center/Michigan Reproductive and IVF Center, PC is that of the patient stated above and listed below.

Print Male Patient Name: \_\_\_\_\_

Signature of person submitting specimen: \_\_\_\_\_